



www.sentierodellabonifica.it

VI BIKE MEETING ALONG THE "SENTIERO DELLA BONIFICA" ("path of the reclaimed land") Saturday, September 18th 2010

Here is another opportunity to discover one of the most characteristic corners of Tuscany. The cycle ride will be rather easy but quite long and will therefore take place during a whole day, at a slow pace as usual of our bike meetings.

The programme provides three main itineraries with very interesting guided tours to the lakes of Chiusi and Montepulciano, to the Gallone di Valiano, the Via della Fila, the Abbadia Farm, the Fontarronco Estate and the wide road bearing the same name. These three routes will give a taste of the richness of historical, architectural and gastronomic treasures and of environmental, hydraulic and agronomic testimonies of the land. Besides a very pleasant day between art and nature, participants will also enjoy a buffet with typical products of the valley

PROGRAMME FOR PARTICIPANTS DEPARTING FROM AREZZO (66 KM THERE AND BACK)

8.15 am Registration at Arezzo Railway Station for those wishing to reach Chiusi by train (max 30 pax)

8.55 am Departure for Chiusi by train. Arrival at Chiusi railway station at 9.43 am. Programme follows as for participants departing from Chiusi.

9.00 am Registration at the Chiesa dei Monaci ("monk's lock") for those wishing to cycle along the Sentiero della Bonifica.

9.15 am Departure

12.30 am Arrival at Chianacce

1.00 pm Buffet with typical products of the valley at Chianacce recreation centre

2.30 pm Return to Arezzo by bicycle (arrival at the Chiesa dei Monaci at 5.00 pm, arrival at Arezzo railway station at 5.30 pm)

PROGRAMME FOR PARTICIPANTS DEPARTING FROM CHIUSI (60 KM THERE AND BACK)

9.30 am Registration at Chiusi railway station

9.45 am Departure (also for participants coming from Arezzo by train)

12.30 am Arrival at Chianacce

1.00 pm Buffet with typical products of the valley at Chianacce recreation centre

2.30 pm Return to Chiusi by bicycle. Arrival at 5.15 pm

The participants who have reached Chiusi from Arezzo by train will get back to Arezzo by bike along the cycle path.

PROGRAMME FOR PARTICIPANTS DEPARTING FROM THE ARCHAEOLOGICAL PARK OF SODO IN CORTONA (44 KM THERE AND BACK)

10.00 am Registration by the Tumulus II of Sodo in the archaeological park

10.15 am Departure

12.30 am Arrival at Chianacce

1.00 pm Buffet with typical products of the valley at Chianacce recreation centre

2.30 pm Return to the Archaeological Park or to Camucia railway station. Arrival at 4.30 pm

It is also possible to enter the cycle path from the following junctions:

"Chiusa dei Monaci-Chianacce" track	"Chiusi-Chianacce" track
S.S. 73 in loc. Ponti di Arezzo	S.P. 49 in loc. Torre di Beccati
S.P. 23 in loc. Casello di Frassineto	S.P. 50 in loc. Passo alle Querce
S.P. 25 in loc. Porto a Cesa	S.P. 454 in loc. Podere S. Adele
S.P. 27 in loc. Colmata di Brolio	S.P. 10 in loc. Ponte di Valiano
S.P. 28 in loc. Ponti di Cortona	

Train reservation is compulsory for those departing from Arezzo railway station with bike.

Reservation is possible for a maximum of 30 participants and must be made by 15th September at 6.00 pm. Please contact:

FIAB "Circolo Amici della Bici" e-mail: adbarezzo@altervista.or

Massimo Barbagli ph 3334757202 e-mail: massimo.barbagli@katamail.com

Fabrizio Montaini ph 3357764158 e-mail: fabriziomontaini@hotmail.it

The ticket costs € 5,80 including bike carriage service. Train reservation is not necessary on other tracks.

The buffet is free of charge for those taking part in the cycle ride and costs € 10,00 for others (adults).

